



Natural Healing for Babies and Children

By Aviva Jill Romm

Sri Satguru Publications, 1999. Softcover. Book Condition: New. First edition. Natural Healing for Babies and Children is indispensable reading for parents seeking safe and effective ways to keep their children healthy. This comprehensive handbook includes : 1. An A-Z guide to children`s health complaints-and when to call the doctor 2. Herbal remedies, nutritional recommendations, and other home health care tips 3. Guidelines for giving your child a basic physical examination 4. How To create an herbal medicine chest and an herbal first-aid kit Contents Foreword Introduction How to Use This Book Part A. HERBALISM AND NATURAL HEALING : Chap. I : TOWARD A DEEPER UNDERSTANDING OF Health : 1. Redefining Wellness 2. Teaching Our Children about Wellness 3. Teaching Our Children about Health Responsibility 4. Empowering Our Children 5. Overcoming Our Fears Chap. II : HERBAL MEDICINE : 1. Why Use Herbs? 2. Working with Herbs 3. Herbal Medicine for Children Chap. III : HOME HEALTH CARE FOR CHILDREN : 1. The Basic Physical Examination 2. Common Early Signs of Illness 3. The Six Steps of Healing 4. When to Seek Medical Help Chap. IV : HERBAL PRIMER : 1. A Glossary of Herbal Properties 2. Herb Gathering 3. Herbal...

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