



CAT PUBLICATIONS

ADVANCE INFORMATION



Title THE ENERGY SAVING HOUSE

Author Thierry Salomon & Stéphane Bedel

Keynote A practical guide to saving energy and saving money in the home

Description

Can you save money and save the planet? Reading this informative and practical guide will give you all the facts and figures you need to convince you that, yes, it is possible to do both. From designing and building, renovation and retro-fitting to choosing household appliances and fuel suppliers, THE ENERGY SAVING HOUSE covers every aspect of energy in the home. Above all, it emphasises the point that the cheapest energy of all is the energy you don't use. With this book at your fingertips, you'll be able to cut your costs and the energy you use.

Sales points

Includes:

- Handy hints and tips for quick fixes
- Accessible magazine format
- Sections on design; materials; heating; ventilation; air conditioning; lighting; household appliances; water
- Further reading; useful addresses and glossary

Author biography

Thierry Salomon, engineer, and Stéphane Bedel, heating specialist, work in the fields of energy efficiency and renewable energy in France. Their book was first published by the eco-centre, Terre Vivante. This is the first English translation.

Territories All

Rights World English Language

Grantors Terre Vivante

Date August 2002

The Energy Saving House

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ISBN
paperback
1 89804 928 9

Publication date
April 2003

Price
£12.99

Format
138 x 216mm

Extent
160pp (tbc)

Illustrations
2 colour line drawings

Series
n/a

Top 25 Quick & Easy Energy Saving Tips. Energy efficiency means you are using less energy to do the same jobs, reducing your home's energy waste and saving money. To effectively increase your energy efficiency involves more than just using less energy - it requires you becoming aware of how energy is used, where it's wasted, and how it can be used more effectively and efficiently in everyday life. Here are some top tips to help your home or business save energy and be more efficient.Â Using dishwashers and clothes washers/dryers at night will keep the house cooler, reduce strain on the power grid during the peak usage hours of 4 PM and 6 PM and reduce the chance of an emergency! Turn off heated dry on your dishwasher and air dry instead. Feb 1, 2018 - Explore loganmaines5's board "Energy saving House" on Pinterest. See more ideas about House, House design and House plans.Â Cabin House Plans, Family House Plans, Small House Plans, House Floor Plans, Building A Container Home, Clerestory Windows, Big Windows, Shed Homes, House Blueprints. Lisa Jane. Green Magic Homes Green Homes Homestead Property Earth Sheltered Homes Modular Housing Modular Cabins Modular Homes Underground Homes Underground House Plans. Cheap, Pre-Fab Hobbit Houses Are A Thing And They're Whimsical AF. Step 1: Assemble the panels in your desired magical location. Lisa Jane. Energy saving bulbs are cheap and easy to fit. Modern ones warm up quickly and can provide the same "glow"™ as old-style lightbulbs. For areas where you need a lot of light like a kitchen or study, consider an LED light. These have become far more efficient in recent years and can be better than halogen bulbs. Energy-saving home improvements and investments. Heating systems.Â Houses built after 1930 are likely to have a gap or cavity in their external walls. Filling it insulates your walls and could save you up to Â£245 on your energy bills per year. You can find out more about cavity wall insulation here. If you have solid walls, it's still possible to improve the insulation. You could save up to Â£415 per year* on your energy bills. Double glazing.