

A Health Handbook for **Women with Disabilities**

Jane Maxwell, Julia Watts Belser, and Darlena David



Berkeley, California, USA

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This book provides basic information to help women with disabilities stay healthy, and will also help those who assist women with disabilities to provide good care. You can help us improve this health guide. So, if you are a woman with a disability, a caregiver, or anyone with ideas or suggestions about how to improve this book and the health of women with disabilities, please write to us. We would like to hear about your experiences and practices.

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Because of this, women with disabilities are often denied care outright, unable to access existing care, or face assumptions about what care is appropriate and necessary. Even among progressive women's healthcare providers, the needs of women with disabilities are often poorly understood and unaddressed. It adopts a unique, progressive approach empowering women with disabilities to improve their general health, self-esteem, and abilities to care for themselves and participate in their communities. Packed with useful information, helpful tips, and illustrations that deepen our learning, this practical tool for gaining health rights reflects sound practice and the voices and experiences of women with disabilities from around the world. Physical Health Care. Mental Health Issues. Refugees with Special Health and Disability Needs. Contact list. Additional Information. Table 15: Origins of women affected by FGM living in New Zealand 167. Refugee Health Care: A handbook for health professionals. Refugee Health Care: A handbook for health professionals. i. Citation: Ministry of Health. 2012. Refugee Health Care: A handbook for health professionals. Wellington: Ministry of Health. Published in June 2012 by the Ministry of Health PO Box 5013, Wellington 6145, New Zealand. Disability is the interaction between individuals with a health condition (e.g. cerebral palsy, Down syndrome and depression) and personal and environmental factors (e.g. negative attitudes, inaccessible transportation and public buildings, and limited social supports). Over a billion people are estimated to live with some form of disability. This corresponds to about 15% of the world's population. Health promotion and prevention activities seldom target people with disability. For example women with disability receive less screening for breast and cervical cancer than women without disability. People with intellectual impairments and diabetes are less likely to have their weight checked. Adolescents and adults with disability are more likely to be excluded from sex education programmes.