



COUN 202 – FAMILY COUNSELING

3 Hour Course

IMPORTANT INFORMATION FOR EACH CLASS:

STUDENT QUESTIONS: ALL class questions should be submitted via the form provided on the course link page. Someone will typically respond to your request with 24-48 hours, if not sooner.

PROFESSOR CHAT ROOMS: Your professor will be available at regularly scheduled times in the WCBCS chat rooms. Please go to <http://www.westcoastbible.org/resources/> to access the chat room.

COURSE COMPLETION TIME FRAME: Students are given a maximum time limit of 4 months to complete once you have started any course. After 4 months, you will be required to contact info@westcoastbible.org to receive a new course for your degree plan that you will be required to purchase. *(This applies even if you have PAID IN FULL for the degree)*

SUBMISSIONS: Students will not be allowed to submit more than two full courses of assignments in any month for any reason (10 in total). Failure to adhere to this policy will result in a 1-month temporary suspension of submission privileges. Repeat offenders will face a 3-month and then 6-month suspension.

GRADING: All assignments will be graded immediately upon the submission of the online assignments. It is the student's responsibility to keep a printed copy of all scoring results in case there is a grading conflict. **WCBCS will only keep results for up to 6 months.** Any scoring discrepancies need to be noted within 1 week of the course being marked as completed or the grade will remain final on the student transcript.

FAILURE POLICY: Any student who scores below a 60 for the final course grade will fail the course and ***will be required to pay for a new course.*** *(This includes anyone who had paid in full – you will be required to pay the cost of a single class for each applicable course)*

CHEATING POLICY: Any student found cheating will be given the grade of "F" for the course and will be required to take a different course. If the cheating occurs more than one time, the student will be permanently expelled with NO REFUND!

FORMS OF ACADEMIC DISHONESTY DEFINED:

Plagiarism: Knowingly or intentionally presenting the ideas, words or work of another one as one's own.

Cheating: Unauthorized use of study aids, examination files or taking an online test under an assumed name and then using the answers on the test when taking it under one's real name.

Fabrication: Falsification or invention of information concerning the student's background.

Collusion: Receiving unauthorized assistance in any academic exercise.

Personation: Having someone else complete assignments for you.

TEXTBOOK INFORMATION

Can you purchase a different version of this book? It is possible. HOWEVER, different versions may contain slightly different information. All test information is being taken directly from this book.

Textbook: The Quick-Reference Guide to Biblical Counseling

Author: Tim Clinton

Amazon Textbook Link: http://www.amazon.com/Quick-Reference-Guide-Biblical-Counseling/dp/0801072255?ie=UTF8&keywords=biblical%20counseling&qid=1465297227&ref_=sr_1_1&sr=8-1

MODULES TO BE COMPLETED FOR THIS COURSE

Examples of each module can be found on your course page

MODULE #1: READING & KEY TRUTHS (20% of final grade)

Within this module you will have three specific assignments highlighted in blue:

- **Five Key Truths Per Daily Assigned Reading**
 - Write down 5 things you learned from each daily assigned reading that captured your attention and have the most potential to impact your life and ministry in the future.
 - If the daily assigned reading includes more than one chapter, you are still only required to write down 5 things from all of your reading that day. Please see the daily schedule below for the assigned reading schedule.
 - Each statement should be 2 to 3 sentences long and should be able to be read and understood as a stand-alone statement. *Write as if you were speaking to someone who has no knowledge of the subject and make it understandable.*

- **Write chapter summaries**
 - Write a brief overview of each chapter
 - Between 100 to 200 words per chapter
 - Bullet point formatting is acceptable
 - Be concise, but thorough
 - Address the main concepts

GRADING RUBRIC: The score for this module is broken down as 50% Grammar/Spelling and 50% Content

2) OPEN BOOK EXAM (20% of final grade)

IMPORTANT NOTE: STUDENTS MAY NOT USE THEIR BOOK OR NOTES TO TAKE THIS EXAM. This will not only test your knowledge, but also your integrity. NEVER compromise your integrity for a score.

- This exam will have a 2-hour time limit
- This is an OPEN BOOK EXAM over the content the student is responsible for reading in the text

GRADING RUBRIC: The score for this module is obtained via the exam score the student receives

3) OPEN NOTE LECTURE EXAM (20% of final grade)

IMPORTANT NOTE: STUDENTS MAY USE NOTES TO TAKE THIS EXAM. This will not only test your knowledge, as well as comprehension.

- Before listening to the lectures, students are encouraged to download the *Lecture Notes* as a resource to assist you in the filling in the blanks for the questions you will be tested on in the online *Lectures Exam*.
- Questions will come directly from the lectures. Upon completion of reading the assigned text and answering of the questions, take the online test to submit and receive your testing score.
- Watch the additional various lectures and write down one key truth per each video.

GRADING RUBRIC: The score for this module is obtained via the exam score the student receives

4) OPEN NOTE MAGAZINE ARTICLES ASSIGNMENT AND RESEARCH EXAM (20% of final grade)

IMPORTANT NOTE: STUDENTS MAY USE NOTES TO TAKE THIS EXAM. Additionally, students will be allowed to COPY AND PASTE their research summaries.

LIBRARY NOTE: Students may have a paid library subscription to www.Questionia.com in order to complete this research or to use the links on the WCBCS library at <http://www.westcoastbible.org/library>. Students purchasing a membership must pay it directly on the Questionia website.

- **ASSIGNED ARTICLES:** Students are **REQUIRED** to read the 5 assigned magazine articles listed on the class link page, highlighting or taking notes from what you have read.
 - Upon completion, you will take the *Magazine Quiz* that is made up of 5 questions, 1 from each article.
- **RESEARCH SUMMARIES:** Research one academic journal article, and two magazine articles that are directly related to the course content from Questionia or one of the WCBCS Library resources and summarize in 100 to 200 words or less per each article (*Students must provide links and summaries*).

GRADING RUBRIC: The score for this module is broken down as 50% for Magazine Articles Exam and 50% for Research Summaries (25% for Grammar/Spelling and 25% Content)

5) FINAL ASSIGNMENT (20% of final grade)

The Final Paper Assignment is made up of two parts highlighted in blue: 6 Assimilation Essay Questions and 6 Practical Application Social Media Assignments.

6 ASSIMILATION ESSAY QUESTIONS

IMPORTANT NOTE: STUDENTS MAY USE ANY NOTES OR BOOKS THROUGHOUT THIS ASSIGNMENT AND YOU MAY COPY AND PASTE YOUR ANSWERS IF YOU CHOOSE TO DO THIS IN ADVANCE OF THE TEST (*These questions are the same for each class, so as you are taking this class write down some thoughts that will help you*)

You have four hours to answer the following questions in your own words. We want to know how you are processing this information.

- **KNOWLEDGE:** What one concept did you learn in this class that impacted you the most?
 - Explain the concept in 75-100 words
 - Explain the concept in 10 words or less
- **COMPREHENSION:** How would you compare your previous knowledge on this subject with what you know now?

- **APPLICATION:** Create a scenario and explain how you can practically apply that one concept to a real life or ministry setting.
- **ANALYSIS:** Can you identify two ways this concept can benefit others?
- **EVALUATION:** Evaluate the contribution you believe this one concept will have in your future life.
- **SYNTHESIS:** In 100 words or less, develop a simple argument someone might make against your one concept and what your brief response would be.

6 PRACTICAL APPLICATION SOCIAL MEDIA ASSIGNMENTS

YOU MAY COPY AND PASTE THE INFORMATION IN THE SECOND HALF OF THIS ASSIGNMENT

Assignment: Simply summarize what you have learned in this course and find a way to connect it to real life. **You DO NOT need to create an account on Twitter or Facebook, but rather can make a post that would be similar as a post you would post on those sites.** Each assignment must be unique from any assignment you have done in the course. *(For example: You may not copy your book review and use it as a blog post. All assignments must be unique. Failure to do so may result in a “0” being given on this assignment.)*

- **Twitter** (140 characters or less)
- **Facebook post** (non-preaching, simple post)
- **Blog post** (in 200 to 300 words write a creative, attention-getting post on Blogger.com or Weebly.com about something in the course that was important to you and can affect others)
- **Instagram or Pinterest** (picture with course relevant title)
- **YouTube or Vimeo Video** (1 to 2-minute video – talk about one important thing that is creative and captivating from what you have learned. It does not need to be professionally produced, but it does need to be high quality. You may use your cell phone to record.)
- **Discussion board post** (post on school discussion board and respond to one other person – write down your post and your response to one other person) Mark your initial post as INITIAL POST YOUR NAME – only respond to initial posts

2 PRACTICAL SPIRITUAL APPLICATION ASSIGNMENTS

Assignment: This assignment will consist of two parts Scripture memorization and daily devotions.

- **Scripture Memorization** – you will memorize the Bible verse assigned on your course page and will write it in the final paper assignment. You MAY NOT copy and paste this into the final assignment. You must write from memory.
- **Daily Family Devotions** – listen daily to the devotion as you take this class and from these days you will focus in on one concept God used to speak to you (<http://www.westcoastbible.org/dfd>). You MAY NOT copy and paste this into the final assignment. You must write from your heart. This is not a mere academic exercise, but a spiritual one, as well.

GRADING RUBRIC: The score for this module is broken down as 50% Grammar/Spelling and 50% Content

Daily Class Schedule

Days 1-2: Download the Exam Review and answer questions as you read

Read "ADDICTION AND SUBSTANCE ABUSE – BLENDED FAMILIES" – write a summary of what you've read (*not one per chapter*) AND 5 key truths

Days 3-4: Read "BOUNDARIES IN MARRIAGE – CONFLICT IN MARRIAGE" – write a summary of what you've read (*not one per chapter*) AND 5 key truths

Days 5-6: Read "DEPRESSION IN MARRIAGE – EMPTY NEST SYNDROME" – write a summary of what you've read (*not one per chapter*) AND 5 key truths

Days 7-8: Read "EXTENDED FAMILY – FORGIVENESS AND RECONCILIATION" – write a summary of what you've read (*not one per chapter*) AND 5 key truths

Days 9-10: Read "LOSS OF A SPOUSE OR CHILD – MENTAL DISORDER IN THE FAMILY" – write a summary of what you've read (*not one per chapter*) AND 5 key truths

Days 11-12: Read "MONEY AND FINANCES – RELOCATION AND MOVING" – write a summary of what you've read (*not one per chapter*) AND 5 key truths

Days 13-14: Read "RETIREMENT – STRESS AND DEMANDS" – write a summary of what you've read (*not one per chapter*) AND 5 key truths

Day 15: Module #1 Submission - Submit the Module One Assignment (*you will upload your Key Truths*)

Day 16: Module #2 Submission - Take Open Book Online Exam (Submit Module Two Assignment)

Days 17-18: Download the Lecture Notes and Review - Listen to lecture #1 and fill in the blanks

Days 19-20: Listen to lecture #2 and fill in the blanks

Days 21-24: Listen to YouTube Lectures and write One Key Truth per lecture

Day 25: Module #3 Submission - Take Open Note Lecture Exam (*you will upload your Key Truths at the end of the exam*)

Day 26-28: Read all 5 Assigned Magazine Articles

Days 29-31: Research one academic journal article and two magazine articles via Questia.com

Day 32: Module #4 Submission - Take Open Note Articles Assignment and Research Exam

Days 33-34: Complete Six Assimilation Essay Questions

Days 35-39: Complete Six Practical Application Social Media Assignments

Day 40: Module #5 Submission – Submit Final Paper Assignment

Congratulations on completing COUN 201: Marriage Counseling!!!

WCBCS Writing Examples for All Levels

NOTE: All examples are completely fictitious, but should serve as a guide to help you understand how to process each assignment. Please take specific note of how you format your papers when making a submission.

MODULE ONE:

KEY TRUTHS:

(examples taken from <http://www.relevantmagazine.com/god/practical-faith/9-things-everyone-should-do-when-reading-bible>) These examples show you HOW you should write your key truths. Notice how the language is in common everyday terms that are memorable. *Key Truths will be used in Modules One and Three.*

How to set up your heading at the top of each paper

Name:
Class:
Module Number:
Assignment Name:
Date:
(THREE SPACES AFTER DATE)

EXAMPLE:

Eddie Edison
BIBL 101
Module One
Five Key Truths Assignment
January 1, 2020

Key Truth One: Read 'you' differently. Almost all the "you" words in the New Testament are plural you's rather than singular you's. The Southern "y'all" expresses it beautifully: the epistles are written to believers corporately, not believers alone.

Key Truth Two: If you see a "Therefore," Find Out What It's "There For." Therefore, take note in Bibles where paragraphs are divided up with headings inserted by editors. If the paragraph begins with "therefore," you might have to pick up a bit earlier to understand the context.

Key Truth Three: The Bible is not an instruction manual. It's not a "how-to" book for life. It is a collection of 66 books of literature, and to interpret it correctly, you need to remember what you learned in English class about interpreting different genres of literature.

Key Truth Four: Realize that prophecy is more often FORTH-telling than it is FORE-telling. So often, our focus in approaching prophecy is to ask “what did they say about the future?” However, often the prophets weren’t talking about the future (foretelling), they were explaining and interpreting Israel’s history and current predicaments in light of their covenantal behavior (forth-telling), and had little to do with the future.

Key Truth Five: Realize that not all “if” statements are the same. Some IF statements are always tied to the THEN one (if you stand in the rain, then you will get wet). Others have more risk involved: the IF statement is necessary, but not sufficient, to bring about the THEN one (if you study for an exam, then you will pass).

Chapter Summary:

(One summary per each required chapter for reading. See more detailed instructions at http://user.keio.ac.jp/~hjb/How_to_write_a_summary.html)

EXAMPLE:

Eddie Edison
BIBL 101
Module One
Chapter Summaries
January 1, 2020

Chapter One

In chapter one, “Resolving Conflict,” Little offers tools to church leaders for improving conflict management skills, beginning with assessing where you are in the process of conflict management.

Little offers strategies to bring out the best in others: 1) Believe we can do it, 2) Bring out the best in ourselves, 3) Be alert to circumstances that bring out the worst in others, 4) The pastor is the “answer person” who gives help rather than needing it, 5) Efforts should be made to help people build their strengths, and 6) We must beseech God in prayer. Specific techniques to bring out the best in others include communicating to build bridges, keep short accounts, and be responsible for personal feelings.

He further suggests ways to bring out the best in others in a group: 1) Assume the best, 2) Classify the difference, 3) Clarify the viewpoints, 4) Prompt deeper reflection, 5) Promote through understanding, 6) Encourage sincere forgiveness, 7) Establish a goal, and 8) Recall ultimate priorities.

Little concludes that conflict can be a draining factor in church life, but it doesn’t have to be, as it is “not entirely destructive and often contains the seeds of great opportunity.”

MODULE FOUR:

RESEARCH SUMMARIES:

EXAMPLE:

Eddie Edison
BIBL 101
Module Four
Research Article Summaries
January 1, 2020

JOURNAL ARTICLE SUMMARY #1:

Bailey, Ginnie. "Marital Discord As Pathway to Healing and Intimacy, Utilizing Emotionally Focused Couples' Therapy", *Journal of Pastoral Counseling*. 2002, Vol. 37, p. 88-100.

In *Marital Discord As Pathway to Healing and Intimacy, Utilizing Emotionally Focused Couples' Therapy*, Ginnie Bailey looks at repeated patterns of blaming, conflict, and marital dissension as being linked to the childhood wounds of both partners. To bolster her proposal, Bailey cites Richard Alperin who believes all people desire intimacy in marriage, only to experience its elusiveness.

Bailey notes various theoretical frameworks that provide insight to how childhood experiences impact relationships including the Object Relations Theory, Attachment Theory, and Bowenian Theory. All these theories support the fact that childhood trauma, abuse, and experiences impact one's ability to achieve intimacy. Emotionally Focused Therapy (*EFT*) asserts emotions are the key to the pain, as well as the healing. Blocking or avoidance of problems can lead to significant problems in the future. Therefore, she explores various means of helping married couples understand their emotions and properly communicate through them. *EFT* employs five processes for change: 1) Synthesizing emotion; 2) Evocation of emotion; 3) Emotional restructuring; 4) Accessing state-dependent core beliefs; and 5) Modification of primary emotional responses.

Bailey believes couples that are willing to scrutinize past emotional experiences can learn from them and discover how they have led to specific patterns in their marriage relationship.

MODULE FIVE: These posts were based upon the book *Organizational Culture and Leadership* by Edgar Schein. All social media posts can deal with only one concept or you can choose to do something different with each.

EXAMPLE:

Eddie Edison
BIBL 101
Module Five
Social Media Assignments
January 1, 2020

TWITTER POST

Edgar Schein concluded one's organizational culture can be seen through what leaders pay attention to and how they allocate resources.

FACEBOOK POST

If you want to discover your organizational culture, simply find out what the leaders are paying attention to and how they are spending their resources. Time and money are the unspoken indicators of what people really care about. If people looked at your life today, what would they identify as your personal "culture"?

BLOG POST

What is culture? Some think of culture as being a system of knowledge shared by a large group of people. Others see culture as the sum of learned behaviors that drive people to act a certain way. One thing is certain: No matter how you define it, we all are a part of a culture. It's in our families, our neighborhoods, our places of employment, and even our churches.

Whoa, our churches? What would happen if someone stopped you right now and asked the question: "What is the culture of your church?" How would you respond? Would you even know what they meant?

Let me give you a little tip: There are two things that can help you and others easily identify the culture of your church: First, you need to identify the things that your leaders are paying attention to. In my church, we love missions. We have ten mission trips every year and a month doesn't go by without a missionary coming in and sharing their stories. Our leaders are paying attention to missions and we notice.

Secondly, to discover your church's culture find out where your resources are being spent. You know, our church gave 21% of all income last year to missions. We have regular missions' dinners and even take up monthly missions' offerings. Our leaders have even made some HUGE personal sacrifices for missions.

So, as you can see: If someone asks me what the culture of our church is, I can say we have a missions' culture because it's what our leaders are paying attention to the most

and it's seen in how we spend our money. Now, take it a step further and ask yourself: What would others say is my personal culture?

YOUTUBE/VIMEO POST

This is the written script. You will need to film and upload your video to YouTube or Vimeo. You are not required to have a written script, as this will not need to be turned in. In fact, we prefer you speak from the heart regarding the topic.

As I was reading *Organizational Culture and Leadership* by Edgar Schein, his definition of the three levels of organizational culture helped me better understand the concept of culture within an organization. Many times the underlying assumptions within a culture direct what leaders do and how the community responds. The ability of a leader to properly assess, and respond to, the organizational culture can meaningfully impact their ability to fulfill their role in leading other followers toward a common goal.

Schein's first level of organizational, *Artifacts*, is "the phenomena that one sees, hears, and feels when one encounters a new group with an unfamiliar culture." Artifacts are just "things" to most people like pictures of former leaders on a wall or the placement of a church pulpit. However, to some those items are "sacred." So here's a word of caution: Leaders need to be very careful before they just start removing things that appear meaningless because they may be very meaningful. Go through your church this week and look for these artifacts.

Level two, *Espoused Beliefs and Values*, "originate through a process where persons agree with a recognized leader with what ought to be done, act on that approach and, finding that the approach is successful, incorporate the approach or belief as a part of the organizations 'way of doing things'." Just because a leader champions certain values does not mean that the people in the church personally embrace these beliefs. It is possible they may be acting out of loyalty to a leader or out of a reason of selfish ambition. Ask yourself: Are the values of the leaders of your church really the values of the people? If they are not, should they be and how can change start with you?

Level three, the *Basic Underlying Assumptions*, are "the implicit assumptions that guide behavior, that tell group members how to perceive, think about, and feel about things." These assumptions form the worldview of the group and become a filter for real action. For instance, if your church invests in missions regularly then they are communicating to you that missions should be important in your life. They may or may not state it, but they will live it out as it becomes engrained in their minds.

Knowing Schein's three levels of organizational leadership are important for leaders because it can help them lead better, even avoiding some major problems down the road. However, it can also help a community of people learn to serve alongside of one another better and value the things your leaders value. Face it: If you can't value what your leaders do, then you probably shouldn't be there. After all, they are the leaders and you and I have been called to follow.

DISCUSSION BOARD POST

I believe the two most important actions when embedding a new organizational culture into an old culture is, first, what leaders pay attention to and, second, how they allocate resources. Edgar Schein wrote, "The most powerful mechanisms that founders, leaders, managers, and parents have available for communicating what they believe in or care about is what they systematically pay attention to." (Schein 237) The word *systematically* infers there is intentionality to the process that recognizes the work being done and has a plan for rewarding it. Consistency in the behavior of the leaders is essential. "If leaders send inconsistent signals in what they do or do not pay attention to, this creates emotional problems for subordinates." (Schein 241-242) Furthermore, this systematic approach will help clarify expectations and lead to fewer inferences being read into what was not said.

The allocation of resources is also crucial in embedding a new culture. "How budgets are created in an organization reveals leader assumptions and beliefs." (Schein 245) Budgets disclose biases and help direct the mission and workflow of an organization, giving it either freedom or bringing restraint. A leader's words regarding mission are not as influential as are his actions in spending.

Schein, Edgar H. *Organizational Culture and Leadership*. 4th ed. The Jossey-Bass Business and Management Series. San Francisco: Jossey-Bass, 2010.

DISCUSSION BOARD RESPONSE

Tommy,

You made two statements that stood out to me as I read your post. First you wrote, "Actions are made from philosophies and beliefs about people in and outside of the organization, the organization, and the person(s) making the decisions." What leaders believe about people will certainly affect their philosophies and beliefs and, ultimately, determine culture. "If leaders start with assumptions that people are basically lazy and passive, that people have no concern for organizations or causes above and beyond themselves, they will inevitably create organizations that will become self-fulfilling prophecies." (Schein, 367) If a leader has a "*fractured relational lens*", they may look for people to fail. Conversely, if they have a positive vision, the bar of expectation is raised, and productivity is increased.

Secondly, you wrote regarding the primary embedding mechanisms, "These allow people to feel safe thus freeing them to be successful." Schein's example of Apple's mentality that people were "in a project, not a job," and they were free to do their "own thing" gave employees permission to succeed, and fail. (Schein, 182) This philosophy, again, goes back to promoting a culture centered on people, rather a product or personality.

Respectfully submitted,
Eddie Edison

Family Tree Counseling is dedicated to bringing you the best couples counseling in Indianapolis since 1989. Save your marriage today with our counselors. Family tree counseling associates. 317-844-2442. Indianapolis marriage counseling since 1989. Family tree counseling has served the indianapolis area with the most effective, experienced, caring, and authentic marriage counselors. Through powerful couples counseling and individual therapy, we are able to meet your unique needs.