



AWAKENING CLINICAL INTUITION

The Neurobiology of Flashes, Hunches, and Gut Feelings

Terry Marks-Tarlow

Friday	7:30–9:00 pm
Saturday	8:30–11:30 am and 1:45–3:45 pm
Sunday	9:00–11:00 am

A stay at Kripalu immerses you in an experiential curriculum designed to bring vitality to your life from the inside out. While you are here, we invite you to enjoy daily yoga classes, our world-class natural-foods cuisine, Healing Arts, hiking and walking trails, a lakefront area, sauna, a labyrinth, and extraordinary views—all in the natural beauty of the Berkshires of western Massachusetts.

Arrival Day

2:15 pm	Check-in begins; rooms are ready by 4:00 pm. You may store your bags in the Luggage Room until your room is available.
6:45–7:15	Guest Welcome Session
7:30–9:00	Opening program session

Daily Yoga

6:30–7:45 am	Kripalu Yoga classes (optional): gentle and intermediate
12:00–1:00 pm	Kripalu YogaDance®
4:15–5:30 pm	Kripalu Yoga classes (optional): beginner, gentle, intermediate, and vigorous

Friday and Sunday Only

5:00–6:15 pm	Kripalu Yoga classes (optional): beginner, gentle, intermediate, and vigorous
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Saturday Only

5:15–6:30	Kripalu Yoga classes (optional): beginner, gentle, intermediate, and vigorous
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Meals

7:00–8:30 am	Breakfast
11:30 am–1:30 pm	Lunch (including your day of departure)
5:30–7:00	Dinner

Evenings

7:30–9:00	Evening events and activities or solo time—another great time period to schedule Healing Arts sessions .
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Actual times and schedules may vary; please see the Guest Boards or the schedule provided upon check-in.

Please note Book your Healing Arts appointments before your arrival to ensure availability 888.738.1822.

With her new book, *Awakening Clinical Intuition: An Experiential Workbook for Psychotherapists*, psychotherapist Terry Marks-Tarlow offers an enticing and accessible toolkit for working and in-training psychotherapists with the goal of enabling them to uncover, discover, and fine-tune their clinical intuition. This workbook is a companion to the author's previous book *Clinical Intuition in Psychotherapy: The Neurobiology of Embodied Response* (2012). It, however, can *Awakening Your Intuitive Ability: Powerful Practices to Help You Develop the 4 Types of Intuition*. By atherton drenth. awakening intuition often means learning to tune into and feel the subtle sensory input that often times gets lost in the chatter of noise going on mentally. photo: viktor bezrukov. Share: 595 0 493. *Reclaiming Your Intuition*. *Awakening Intuition*. *Spiritual Awareness Development*. Over 25760 E-books, Articles, Free Courses, Quotes, Free Online Movies to enhance your Abilities.Â Welcome to *Awakening Intuition*. Your Online nurturing & supportive home. This website offers you articles, ebooks, support and words of wisdom, helping you tap into, develop and enhance your intuition. If you connect soulfully to the ideas shared here, sign up for free weekly updates of articles posted in the form of a Newsletter Update.