

**My heart leaps up when I behold**

A rainbow in the sky:  
So was it when my life began,  
So is it now I am a man,  
So be it when I shall grow old  
Or let me die!  
The Child is father of the Man:  
And I could wish my days to be  
Bound each to each by natural piety.

"My Heart Leaps Up When I Behold"  
William Wordsworth (1770-1850)

**How do I love thee? Let me count the ways.**

I love thee to the depth and breadth and height  
My soul can reach, when feeling out of sight  
For the ends of being and ideal grace.  
I love thee to the level of every day's  
Most quiet need, by sun and candle-light.  
I love thee freely, as men strive for right;  
I love thee purely, as they turn from praise.  
I love thee with the passion put to use  
In my old griefs, and with my childhood's faith.  
I love thee with a love I seemed to lose  
With my lost saints. I love thee with the breath,  
Smiles, tears, of all my life; and, if God choose,  
I shall but love thee better after death.

Sonnets from the Portuguese 43

"How do I Love thee? Let me Count the Ways"

Elizabeth Barrett Browning (1806-1861)

**When you are old and grey and full of sleep,**  
And nodding by the fire, take down this book,  
And slowly read, and dream of the soft look  
Your eyes had once, and of their shadows deep;

How many loved your moments of glad grace,  
And loved your beauty with love false or true,  
But one man loved the pilgrim soul in you,  
And loved the sorrows of your changing face;

And bending down beside the glowing bars,  
Murmur, a little sadly, how Love fled  
And paced upon the mountains overhead  
And hid his face amid a crowd of stars.

"When You Are Old"  
William Butler Yeats (1865-1939)

**I know what the caged bird feels, alas!**

When the sun is bright on the upland slopes;  
When the wind stirs soft through the springing grass,  
And the river flows like a stream of glass;  
When the first bird sings and the first bud opes,  
And the faint perfume from its chalice steals—  
I know what the caged bird feels!

I know why the caged bird beats his wing  
Till its blood is red on the cruel bars;  
For he must fly back to his perch and cling  
When he fain would be on the bough a-swing;  
And a pain still throbs in the old, old scars  
And they pulse again with a keener sting—  
I know why he beats his wing!

I know why the caged bird sings, ah me,  
When his wing is bruised and his bosom sore,—  
When he beats his bars and he would be free;  
It is not a carol of joy or glee,  
But a prayer that he sends from his heart's deep core,  
But a plea, that upward to Heaven he flings—  
I know why the caged bird sings!

"Sympathy"

Paul Laurence Dunbar (1872-1906)

**I wandered lonely as a cloud**

That floats on high o'er vales and hills,  
When all at once I saw a crowd,  
A host, of golden daffodils;  
Beside the lake, beneath the trees,  
Fluttering and dancing in the breeze.

Continuous as the stars that shine  
And twinkle on the milky way,  
They stretched in never-ending line  
Along the margin of a bay:  
Ten thousand saw I at a glance,  
Tossing their heads in sprightly dance.

The waves beside them danced; but they  
Out-did the sparkling waves in glee:  
A poet could not but be gay,  
In such a jocund company:  
I gazed—and gazed—but little thought  
What wealth the show to me had brought:

For oft, when on my couch I lie  
In vacant or in pensive mood,  
They flash upon that inward eye  
Which is the bliss of solitude;  
And then my heart with pleasure fills,  
And dances with the daffodils.

"I Wandered Lonely as a Cloud"  
William Wordsworth (1770-1850)

**My heart is like a singing bird**

Whose nest is in a water'd shoot;  
My heart is like an apple-tree  
Whose boughs are bent with thickset fruit;  
My heart is like a rainbow shell  
That paddles in a halcyon sea;  
My heart is gladder than all these  
Because my love is come to me.

Raise me a dais of silk and down;  
Hang it with vair and purple dyes;  
Carve it in doves and pomegranates,  
And peacocks with a hundred eyes;  
Work it in gold and silver grapes,  
In leaves and silver fleurs-de-lys;  
Because the birthday of my life  
Is come, my love is come to me.

"A Birthday"

Christina Rossetti (1830-1894)

**I have a little shadow that goes in and out with me,**  
And what can be the use of him is more than I can see.  
He is very, very like me from the heels up to the head;  
And I see him jump before me, when I jump into my bed.

The funniest thing about him is the way he likes to grow—  
Not at all like proper children, which is always very slow;  
For he sometimes shoots up taller like an india-rubber ball,  
And he sometimes gets so little that there's none of him at all.

He hasn't got a notion of how children ought to play,  
And can only make a fool of me in every sort of way.  
He stays so close beside me, he's a coward you can see;  
I'd think shame to stick to nursie as that shadow sticks to me!

One morning, very early, before the sun was up,  
I rose and found the shining dew on every buttercup;  
But my lazy little shadow, like an errant sleepy-head,  
Had stayed at home behind me and was fast asleep in bed.

"My Shadow"  
Robert Louis Stevenson (1850-1894)

**If ever two were one, then surely we.**  
If ever man were loved by wife, then thee.  
If ever wife was happy in a man,  
Compare with me, ye women, if you can.  
I prize thy love more than whole mines of gold,  
Or all the riches that the East doth hold.  
My love is such that rivers cannot quench,  
Nor ought but love from thee give recompense.  
Thy love is such I can no way repay;  
The heavens reward thee manifold, I pray.  
Then while we live, in love let's so persever,  
That when we live no more, we may live ever.

"To My Dear and Loving Husband"  
Anne Bradstreet (1612-1672)



**When I have fears that I may cease to be**

Before my pen has gleaned my teeming brain,  
Before high-pilèd books, in charactery,  
Hold like rich garners the full ripened grain;  
When I behold, upon the night's starred face,  
Huge cloudy symbols of a high romance,  
And think that I may never live to trace  
Their shadows with the magic hand of chance;  
And when I feel, fair creature of an hour,  
That I shall never look upon thee more,  
Never have relish in the fairy power  
Of unreflecting love—then on the shore  
Of the wide world I stand alone, and think  
Till love and fame to nothingness do sink.

"When I have Fears That I May Cease to Be"  
John Keats (1795-1821)

My heart leaps up when I behold A rainbow in the sky. So was it when my life began; So is it now I am a man; So be it when I grow old, Or let me die! The Child is father of the Man; And I could wish my days to be Bound each to each by natural piety. More on Genius.

About "My Heart Leaps Up". In these final lines, Wordsworth seems to be expressing his affirmation of the beauty of the natural world as something deserving the piety, or religious devotion/spirituality, of mankind from birth to death, connecting one's otherwise random life, to some degree. "My Heart Leaps Up" Track Info. My Heart Leaps Up When I Behold. My heart leaps up when I behold A rainbow in the sky: So was it when my life began; So is it now I am a man; So be it when I shall grow old, Or let me die! The Child is father of the Man; And I could wish my days to be Bound each to each by natural piety. "My Heart Leaps Up", also known as "The Rainbow", is a poem by the British Romantic poet William Wordsworth. Noted for its simplicity of structure and language, it describes the joy that he feels when he sees a The format of "My heart leaps up when I behold" gives the poem a somewhat staccato feeling and forces the reader to pause at important points in the poem. For instance, the two short lines of the poem are both quite significant. First, "A rainbow in the sky" harkens back to God's promise to Noah signifying their bond, and foreshadows the speaker's wish to be "Bound...by natural piety." Romantic poets shunned the epic tradition of lauding heroes and kings, and instead embraced subjects that affected the poets on an intimate level, whether spiritually, in literature, in history, or philosophy. In this poem, we see the speaker reflecting on the beauty and wonder of nature, of which he is a part: My heart leaps up when I behold. A rainbow in the sky