SEMESTER AT SEA COURSE SYLLABUS
University of Virginia, Academic Sponsor

Voyage: Spring 2016
Discipline: Psychology
PSYC 3559-102: Human Sexuality
Division: Upper Division
Faculty Name: Jeanine Skorinko
Credit Hours: 3; Contact Hours: 38

Pre-requisites: None.

COURSE DESCRIPTION
Do women have less sexual arousal than men? How “legal” is same-sex marriage throughout the world? What does it mean to be “male”, “female”, “asexual”, “trans”, “gender-queer” etc.? How do religion, laws, and public policies influence perceptions of sex? What effects does pornography have on sexual attitudes and behaviors? How widespread is sexual and domestic violence?

In this class, we will explore questions relating to our sexuality. Human sexuality is the study of the biological, evolutionary, social, cultural, and political perspectives relating to sex and the meaning behind “masculinity”, “femininity”, and “asexual” or “genderqueer”. We will discuss topics such as: gender roles, transgender, sexual orientation, the anatomy and physiology of the act of sex, relationships, sexual aggression, pornography, contraception, pregnancy, abortion, sexuality and aging, and the role of religion, law, policies, and cultural. We will think about how our sexuality influences how we think and act in the world around us. We will examine sexuality within the United States and throughout the world (with a particular focus on the ports we will visit). This course is designed to increase awareness and sensitivity to sexuality and issues relating to it. Discussions in class will be candid and on sensitive and controversial topics. Port of call visits will be used to further examine the concepts we discuss and will allow for observations of cultural and political differences and similarities.

COURSE OBJECTIVES
1) An appreciation of the theoretical, empirical, and applied sides to studying human sexuality.
2) An ability to think critically about and analyze the theories, methods, and findings related to human sexuality.
3) Cultivate a lasting awareness of the prevalence of human sexuality principles in the real world.
REQUIRED TEXTBOOKS

AUTHOR: Hyde, J. & DeLamater, J.
TITLE: Understanding Human Sexuality, 12th Edition
PUBLISHER: McGraw-Hill Higher Education
ISBN #: 10 0078035392
DATE/EDITION:  2014/ 12th Edition

Other Readings:


Bishop, K.  (June 11, 2015).  Richard Branson offers dads paternity leave—for a year!  CNBC.


Fox News  (May 21, 2013).  Two Moroccan men convicted of being homosexual sentenced to 4 months in prison.

France, L. R.  (June 9, 2015).  Zoe Saldana’s husband took her last name—so what?  CNN.


Hanson, H. (May 24, 2015).  Judge allows Sofia Vergara’s ex to sue for custody of frozen embryos.  The Huffington Post.

Kelto, A. (January 7, 2014). This is why South African schoolgirls say ‘yes’ to sex with sugar daddies. *PRI.org*


Maskeroni, A. (March 6, 2015). Salvation Army turns #TheDress into a powerful domestic violence ad. *Adweek.*


Vanity Fair. (June 1, 2015). Introducing Caitlyn Jenner.

**TOPICAL OUTLINE OF COURSE**

Depart Ensenada- January 5:

**A1- January 7**

Introduction, Ethics, & Religion
*Readings:* Hyde & DeLamater Chapters 1 & 19

*Assignments to do:* Experiential Assignment #1, Personal Ad & start thinking about the other Experiential Assignments

**A2- January 9**

Research Methods & Theories
*Readings: *Hyde & DeLamater Chapters 2 & 3

*Experiential Assignment #1 & Personal Ad DUE*

*Assignments to do:* Experiential Assignment #2
A3- January 11  Research Methods & Theories  
*Readings:* Hyde & DeLamater Chapters 2 & 3  
*Assignments to do:* Experiential Assignment #2

Honolulu: January 12

A4- January 14  Sexual Anatomy & Hormones  
*Readings:* Hyde & DeLamater Chapters 4 & 5  
*Experiential Assignment #2 DUE*

A5- January 17  Sexual Anatomy & Hormones  
*Readings:* Hyde & DeLamater Chapters 4 & 5  
Creighton & Minto (2001)

Study Day: January 19

A6- January 20  Sexual Arousal  
*Readings:* Hyde & DeLamater, Chapter 8  
Fisher (2013)

A7- January 22  EXAM 1

Yokohama: January 24-25  
In-Transit: January 26  
Kobe: January 27-28

A8- January 29  Attraction, Love & Communication  
*Readings:* Hyde & deLamater Chapter 11  
Cha (2009); Doctoroff (2010)

Shanghai: January 31-February 1  
In-Transit: February 2-3  
Hong Kong: 4-5

A9- February 6  Attraction, Love & Communication  
*Readings:* Hyde & deLamater Chapter 11  
Boudreau & Nguyen (2015)

Ho Chi Minh: February 8-12

A10- February 13  Attraction, Love & Communication  
*Readings:* Hyde & deLamater Chapter 11
A11-February 15  Sexual Orientation
Readings: Hyde & deLamater Chapter 13

Yangon: February 17-21

A12- February 22  Contraception, Pregnancy, Abortion, & Parenthood
Readings: Hyde & deLamater Chapters 6 & 7

Cochin: February 26-March 2

A13- February 24  Contraception, Pregnancy, Abortion, & Parenthood
Readings: Hyde & deLamater Chapters 6 & 7

A14- March 3  Sexually Transmitted Infections
Readings: Hyde & deLamater Chapter 18

Study Day: March 5

A15- March 6  Exam 2

Port Louis: March 12

A16- March 9  Sexual Coercion
Readings: Hyde & deLamater Chapter 15

Study Day: March 11

A17- March 12  Sex for Sale & Prep for Field Lab
Readings: Hyde & deLamater Chapter 16

Cape Town: March 14-19  (and Professor Skorinko’s Birthday)

A18- March 20  Discussion of Field Lab & Variations in Sexual Behavior and Sexual Disorders
Readings: Hyde & deLamater Chapter 14 & 17

A19- March 22  Variations in Sexual Behavior, Sexual Disorders, & Sex Therapy
Readings: Hyde & deLamater Chapter 14 & 17
A20- March 24  Sexuality Across the Lifespan  
*Readings:* Hyde & deLamater Chapter 10  
IRIN Africa (2008)  
**Field Lab Journal and Paper DUE**

Tema: March 26-28  
Takoradi: March 29-30

A21- March 31  Gender & Sexuality  
*Readings:* Hyde & deLamater Chapter 12  

A22- April 2  Gender & Sexuality  
*Readings:* Hyde & deLamater Chapter 12  

A23- April 4  Wrap Up  
**Experiential Assignment #4 DUE**

Casablanca: April 6-10

Study Day: April 11

A24- A Day Finals, April 12

April 15: Arrive in Southampton

FIELD WORK
Experiential course work on Semester at Sea is comprised of the required field lab led by your instructor and additional field assignments that span multiple ports.

**FIELD LAB** (At least 20 percent of the contact hours for each course, to be led by the instructor.)

Field lab attendance is mandatory for all students enrolled in this course. Do not book individual travel plans or a Semester at Sea sponsored trip on the day of your field lab.

The field lab for this course takes place in Cape Town, South Africa on: Date TBA

South Africa is a country rich in culture but also significant social issues, including issues related to sexuality. South African suffers from high rates of HIV/AIDS, and domestic and sexual violence. In addition, there are over 400,000 sex workers in South African (even though it is illegal). Yet, South Africa is the first African country to legalize same-sex marriage. This field lab
will involve a day-long visit that contains several components. We will visit several NGOs and 
other organizations that deal with the protection of human rights in South Africa, especially the 
rights of women, children, sexual minorities, and HIV/AIDS patients. If time permits, we may 
also visit a township to gain a better understanding of the more impoverished communities in 
South Africa that play an underlying contributing role to some of the larger socio-sexual issues that 
exist in the country. Throughout the day you will be asked to keep a journal about your 
experience. You will then create a Public Service Announcement (PSA) to help raise awareness to 
the issues we saw in South Africa and throughout the world. You will need to use both the field 
lab experience and the information we learn in class to create this PSA. The PSA can be in the 
form of a pamphlet, advertisement, song, video, etc. Be creative and more importantly effective!

FIELD ASSIGNMENTS

Throughout this course, students will carry out experiential assignments both on the ship 
and in the ports.

Experiential Assignment #1 will allow us to start thinking about the many different and 
sensitive topics we will discuss this semester. Students will write a sexual autobiography. 
This autobiography should consider one’s gender and sexual orientation and how these 
came to be. Students should consider how conservative or liberal they are in regards to 
topics related to sexuality (e.g., hookups, contraception, pre-marital sex, abortion, marriage, 
parenting, etc.). Students can choose other topics to consider: have you been in love why 
or why not? What are your thoughts on marriage—for you or not for you? What are your 
fears about relationships and sex? How do you think your parents and/or friends have 
contributed to your beliefs? Note: while this autobiography certainly will touch on 
sensitive topics, it is up to the student to decide what they are comfortable disclosing and 
what they are not comfortable disclosing. The autobiography certainly does not need to go 
into sordid details!

Personal Ad Assignment. A personal ad is a short description that describes yourself and 
what you are looking for in a romantic partner. To learn more, you can see what Oprah’s 
website has to say: http://www.oprah.com/omagazine/How-to-Write-Personal-Ads. For 
this assignment, students will write a short personal ad for themselves for their ideal 
romantic partner. Please identify if you are Male seeking Male, Male seeking Female, 
Female seeking Female or Female seeking Male. You can Google personal ads if you 
need to gather some examples to help your write a personal ad. This shouldn’t take you a 
long time to do!

Experiential Assignment #2 relates to psychological methods. Students will pick a 
research question and test this question using observation, survey, or interview methods. 
Students will then write a paper that introduces their research question, discusses the 
method they chose and how they conducted their study, discusses the findings, and 
provides thoughts on any limitations and where the study could go in the future. We will 
discuss these in class. For instance, students could do an observation study on public 
displays of affection on the ship and/or in a port.
Experiential Assignment #3 has students finding real-world examples of sexuality throughout their port visits. Students will need to pick a theme (e.g., contraception, religion, public displays of affection, attractiveness, parenting, love, sexual orientation, menstruation). Students will then need to either find real-world examples relating to the theme or in 3-4 ports (ideally one from each larger area: Pacific, East Asian, South East Asia, and Africa). Students will provide the “results”. The results can be photos, audio clips, song lyrics, movies, advertisements, magazine covers or articles, etc. The results could also be findings from an observation study (e.g., frequency of public displays of affection observed in ports or the number of menstruation or contraception products available for sale in the different ports). The results need to be discussed in relation to the theme and theories we learned in class related to the theme. Students may form small groups for this assignment to work together to find multiple examples relating to the theme.

METHODS OF EVALUATION / GRADING RUBRIC
Evaluation will include 3 exams, experiential assignments, and a Field Lab journal and paper. Exams will be comprised of multiple choice, True/False, fill-in-the-blank, and short answer questions. The experiential assignments will also be used in class discussion as a way for students to relate the course concepts to their personal cultural experiences. The experiential assignments and the Field lab paper will be graded based on the degree to which the student’s experiences relate to the concepts we discuss in class. The final grade will be determined by the following weights:

Final grades in this course will be calculated based on the following components:
50% Exams
20% Experiential Assignments
20% Field Lab journal and paper
10% Attendance and Participation

Class Attendance and Participation: Class attendance is an important part of the course and part of your final grade. Students are expected to participate in class discussions and class activities. As class participation is important for the success in this class, participation is a part of your final grade. A student who attends every class but does not actively participate will earn a participation grade of 70%.

The professor will keep all the exams; however, she will make them available for students review.

ALL assignments must be submitted electronically on Moodle, and the **file name** must include the first 5 digits of your ID number (e.g., 12345journal.doc). All assignment must be posted on Moodle.

RESERVE BOOKS AND FILMS FOR THE LIBRARY
No Books

Possible Films need for class:
He’s Just Not That Into You (2009)
Magdalene’s Sisters (2002)
Yesterday (2004)
Milk (2008)
Working Girls (1986)
If these walls could talk (1996)
A Walk to Beautiful (2007)
Half the Sky (2012)
The Masters of Sex TV Series (2013-present)
The Sessions (2012)
Transamerica (2005)
This Film is Not Yet Rated (2006)
Killing Us Softly 4: Advertising’s image of women (2010)
Daddy and Papa (2002)
Brokeback Mountain (2005)
Philadelphia (1993)
Hate crime (2005)
The incredibly true adventure of two girls in love (1995)
Get real (1998)
Better than chocolate (1999)
Both (2005)
Kissing Jessica Stein (2001)
Chasing Amy (1997)
The Birdcage (1996)
The Celluloid Closet (1995)

Foreign Films:
Fauré, C. (Director). (2000). Juste une question d’amour [Just a question of love] [Motion picture]. France: Picture This! (88 min)
Lee, A. (Director). (1993). Hsi yen [The wedding banquet] [Motion picture]. Taiwan: MGM (106 min)
Berliner, A. (Director). (1997). Ma vie en rose [My life in pink] [Motion picture]. France: Haut et Court (88 min)

News:
ELECTRONIC COURSE MATERIALS
Any relevant articles will be posted to Moodle. These will be relevant research articles and news articles related to Cognitive Psychology. All Assignments will be posted on Moodle. All assignments will be submitted to Moodle.

ADDITIONAL RESOURCES
None.

HONOR CODE
Semester at Sea students enroll in an academic program administered by the University of Virginia, and thus bind themselves to the University’s honor code. The code prohibits all acts of lying, cheating, and stealing. Please consult the Voyager’s Handbook for further explanation of what constitutes an honor offense.

Each written assignment for this course must be pledged by the student as follows: “On my honor as a student, I pledge that I have neither given nor received aid on this assignment.” The pledge must be signed, or, in the case of an electronic file, signed “[signed].”
Janet Hyde and John DeLamater. Since its conception, Understanding Human Sexuality has achieved distinction and success by following the science of human sexuality. The first of the modern sexuality textbooks, Understanding Human Sexuality introduced this topic to students through the science that has uncovered what we know about the field. Groundbreaking when it first appeared, this research-based tradition continues to result in a contemporary