

SEMESTER AT SEA COURSE SYLLABUS  
University of Virginia, Academic Sponsor

**Voyage: Spring 2016**  
**Discipline: Psychology**  
**PSYC 3559-102: Human Sexuality**  
**Division: Upper Division**  
**Faculty Name: Jeanine Skorinko**  
**Credit Hours: 3; Contact Hours: 38**

**Pre-requisites:** None.

### **COURSE DESCRIPTION**

Do women have less sexual arousal than men? How “legal” is same-sex marriage throughout the world? What does it mean to be “male”, “female”, “asexual”, “trans”, “gender-queer” etc.? How do religion, laws, and public policies influence perceptions of sex? What effects does pornography have on sexual attitudes and behaviors? How widespread is sexual and domestic violence?

In this class, we will explore questions relating to our sexuality. Human sexuality is the study of the biological, evolutionary, social, cultural, and political perspectives relating to sex and the meaning behind “masculinity”, “femininity”, and “asexual” or “genderqueer”. We will discuss topics such as: gender roles, transgender, sexual orientation, the anatomy and physiology of the act of sex, relationships, sexual aggression, pornography, contraception, pregnancy, abortion, sexuality and aging, and the role of religion, law, policies, and cultural. We will think about how our sexuality influences how we think and act in the world around us. We will examine sexuality within the United States and throughout the world (with a particular focus on the ports we will visit). This course is designed to increase awareness and sensitivity to sexuality and issues relating to it. Discussions in class will be candid and on sensitive and controversial topics. Port of call visits will be used to further examine the concepts we discuss and will allow for observations of cultural and political differences and similarities.

### **COURSE OBJECTIVES**

- 1) An appreciation of the theoretical, empirical, and applied sides to studying human sexuality.
- 2) An ability to think critically about and analyze the theories, methods, and findings related to human sexuality.
- 3) Cultivate a lasting awareness of the prevalence of human sexuality principles in the real world.

## REQUIRED TEXTBOOKS

AUTHOR: Hyde, J. & DeLamater, J.  
TITLE: Understanding Human Sexuality, 12<sup>th</sup> Edition  
PUBLISHER: McGraw-Hill Higher Education  
ISBN #: 10 0078035392  
DATE/EDITION: 2014/ 12<sup>th</sup> Edition

### Other Readings:

Bergman, J. (April 12, 2013). Can Burma avoid the curse of sex tourism? *Time.com*

Boudreau, J., & Nguyen, U. (January 7, 2015). Gay weddings planned as Vietnam marriage law is repealed. *Bloomberg Business*.

Bishop, K. (June 11, 2015). Richard Branson offers dads paternity leave—for a year! *CNBC*.

Cha, A. E. (December 12, 2009). Looming Population Crisis Forces China to Revisit the One-Child Policy. *Washington Post*.

Clark-Flory, T. (November 27, 2012). Study: Porn stars aren't "damaged". *Salon*.  
([http://www.salon.com/2012/11/28/study\\_porn\\_stars\\_arent\\_damaged/](http://www.salon.com/2012/11/28/study_porn_stars_arent_damaged/))

Creighton, S., & Minto, C. (2001). Managing intersex: Most vaginal surgery in childhood should be deferred (Editorial). *British Medical Journal*, 323, 1264-1265.

Doctoroff, T. (June 30, 2010). Sex in China: Prudence and Prurience. *The Huffington Post*.

Faul, M. (March 8, 2013). South African violence against women rated highest in the world. *The Huffington Post*.

Fisher, M. (October 22, 2013). Japan's sexual apathy is endangering the global economy. *The Washington Post*.

Fox News (May 21, 2013). Two Moroccan men convicted of being homosexual sentenced to 4 months in prison.

France, L. R. (June 9, 2015). Zoe Saldana's husband took her last name—so what? *CNN*.

Frederickson, B. L., Roberts, T-A., Noll, S. M., Quinn, D. M., & Twenge, J. M. (1998). That swimsuit becomes you: Sex differences in self-objectification, restrained eating, and math performance. *Journal of Personality and Social Psychology*, 75 (1), 269-284.

Hanson, H. (May 24, 2015). Judge allows Sofia Vergara's ex to sue for custody of frozen embryos. *The Huffington Post*.

IRIN Africa. (March 20, 2008). Ghana: Profile of a child sex worker.

Kelto, A. (January 7, 2014). This is why South African schoolgirls say ‘yes’ to sex with sugar daddies. *PRI.org*

Littauer, D. (July 21, 2012). Ghana Supreme Court to rule on gay rights. *Gay Star News*.

Maskeroni, A. (March 6, 2015). Salvation Army turns #TheDress into a powerful domestic violence ad. *Adweek*.

Nullis, C. (December 1, 2006). Same-sex marriage law takes effect in S. Africa. *The Washington Post*.

Pew Research Center (2015). Gay marriage around the world.

Pew Research Center (2008). Abortion laws around the world.

Schulz, S. (2008) The Life Factory: In India, Surrogacy Has Become a Global Business. *Speigel Online International*.

Shulevitz, J. (September 8, 2012). Why fathers really matter. *The New York Times Sunday Review*.

Stern, M. J. (June 9, 2015). Georgia woman charged with murder for taking abortion pill, could face the death penalty. *The Slate*.

Wolpert, S. (October 18, 2012). Foster Kids Do Equally Well When Adopted by Gay, Lesbian, or Heterosexual Parents. *UCLA Newsroom*. (<http://newsroom.ucla.edu/portal/ucla/foster-children-adopted-by-gay-239748.aspx>)

Vanity Fair. (June 1, 2015). Introducing Caitlyn Jenner.

## TOPICAL OUTLINE OF COURSE

Depart Ensenada- January 5:

- A1- January 7** Introduction, Ethics, & Religion  
*Readings:* Hyde & DeLamater Chapters 1 & 19  
*Assignments to do:* Experiential Assignment #1, Personal Ad & start thinking about the other Experiential Assignments
- A2- January 9** Research Methods & Theories  
*Readings:* Hyde & DeLamater Chapters 2 & 3  
**Experiential Assignment #1 & Personal Ad DUE**  
*Assignments to do:* Experiential Assignment #2

**A3- January 11**      Research Methods & Theories  
*Readings:* Hyde & DeLamater Chapters 2 & 3  
*Assignments to do:* Experiential Assignment #2

Honolulu: January 12

**A4- January 14**      Sexual Anatomy & Hormones  
*Readings:* Hyde & DeLamater Chapters 4 & 5  
**Experiential Assignment #2 DUE**

**A5- January 17**      Sexual Anatomy & Hormones  
*Readings:* Hyde & DeLamater Chapters 4 & 5  
Creighton & Minto (2001)

Study Day: January 19

**A6- January 20**      Sexual Arousal  
*Readings:* Hyde & DeLamater, Chapter 8  
Fisher (2013)

**A7- January 22**      **EXAM 1**

Yokohama: January 24-25

In-Transit: January 26

Kobe: January 27-28

**A8- January 29**      Attraction, Love & Communication  
*Readings:* Hyde & deLamater Chapter 11  
Cha (2009); Doctoroff (2010)

Shanghai: January 31-February 1

In-Transit: February 2-3

Hong Kong: 4-5

**A9- February 6**      Attraction, Love & Communication  
*Readings:* Hyde & deLamater Chapter 11  
Boudreau & Nguyen (2015)

Ho Chi Minh: February 8-12

**A10- February 13**      Attraction, Love & Communication  
*Readings:* Hyde & deLamater Chapter 11

**A11-February 15** Sexual Orientation  
*Readings:* Hyde & deLamater Chapter 13  
Bergman (2013), Fox News (2013), Littauer (2012), Wolpert (2012)

Yangon: February 17-21

**A12- February 22** Contraception, Pregnancy, Abortion, & Parenthood  
*Readings:* Hyde & deLamater Chapters 6 & 7  
Bishop (2015), Hanson (2015), Shultz (2008), Shulevitz (2012), Stern (2015)

**A13- February 24** Contraception, Pregnancy, Abortion, & Parenthood  
*Readings:* Hyde & deLamater Chapters 6 & 7  
Bishop (2015), Hanson (2015), Shultz (2008), Shulevitz (2012), Stern (2015)

Cochin: February 26-March 2

**A14- March 3** Sexually Transmitted Infections  
*Readings:* Hyde & deLamater Chapter 18

Study Day: March 5

**A15- March 6** **Exam 2**

Port Louis: March 12

**A16- March 9** Sexual Coercion  
*Readings:* Hyde & deLamater Chapter 15

Study Day: March 11

**A17- March 12** Sex for Sale & Prep for Field Lab  
*Readings:* Hyde & deLamater Chapter 16  
Faul (2013), Kelto (2014), Maskeroni (2015), Nullis (2006)

Cape Town: March 14-19 (and Professor Skorinko's Birthday)

**A18- March 20** Discussion of Field Lab & Variations in Sexual Behavior and Sexual Disorders  
*Readings:* Hyde & deLamater Chapter 14 & 17

**A19- March 22** Variations in Sexual Behavior, Sexual Disorders, & Sex Therapy  
*Readings:* Hyde & deLamater Chapter 14 & 17

**A20- March 24** Sexuality Across the Lifespan  
*Readings:* Hyde & deLamater Chapter 10  
IRIN Africa (2008)  
**Field Lab Journal and Paper DUE**

Tema: March 26-28  
Takoradi: March 29-30

**A21- March 31** Gender & Sexuality  
*Readings:* Hyde & deLamater Chapter 12  
France (2015), Frederickson, et al. (1998), Vanity Fair (2015)

**A22- April 2** Gender & Sexuality  
*Readings:* Hyde & deLamater Chapter 12  
France (2015), Frederickson, et al. (1998), Vanity Fair (2015)

**A23- April 4** Wrap Up  
**Experiential Assignment #4 DUE**

Casablanca: April 6-10

Study Day: April 11

**A24- A Day Finals, April 12**

April 15: Arrive in Southampton

### **FIELD WORK**

Experiential course work on Semester at Sea is comprised of the required field lab led by your instructor and additional field assignments that span multiple ports.

**FIELD LAB** (At least 20 percent of the contact hours for each course, to be led by the instructor.)

Field lab attendance is mandatory for all students enrolled in this course. Do not book individual travel plans or a Semester at Sea sponsored trip on the day of your field lab.

The field lab for this course takes place in Cape Town, South Africa on: Date TBA

South Africa is a country rich in culture but also significant social issues, including issues related to sexuality. South African suffers from high rates of HIV/AIDs, and domestic and sexual violence. In addition, there are over 400,000 sex workers in South African (even though it is illegal). Yet, South Africa is the first African country to legalize same-sex marriage. This field lab

will involve a day-long visit that contains several components. We will visit several NGOs and other organizations that deal with the protection of human rights in South Africa, especially the rights of women, children, sexual minorities, and HIV/AIDS patients. If time permits, we may also visit a township to gain a better understanding of the more impoverished communities in South Africa that play an underlying contributing role to some of the larger socio-sexual issues that exist in the country. Throughout the day you will be asked to keep a journal about your experience. You will then create a Public Service Announcement (PSA) to help raise awareness to the issues we saw in South Africa and throughout the world. You will need to use both the field lab experience and the information we learn in class to create this PSA. The PSA can be in the form of a pamphlet, advertisement, song, video, etc. Be creative and more importantly effective!

## **FIELD ASSIGNMENTS**

Throughout this course, students will carry out experiential assignments both on the ship and in the ports.

**Experiential Assignment #1** will allow us to start thinking about the many different and sensitive topics we will discuss this semester. Students will write a sexual autobiography. This autobiography should consider one's gender and sexual orientation and how these came to be. Students should consider how conservative or liberal they are in regards to topics related to sexuality (e.g., hookups, contraception, pre-marital sex, abortion, marriage, parenting, etc.). Students can choose other topics to consider: have you been in love why or why not? What are your thoughts on marriage—for you or not for you? What are your fears about relationships and sex? How do you think your parents and/or friends have contributed to your beliefs? Note: while this autobiography certainly will touch on sensitive topics, it is up to the student to decide what they are comfortable disclosing and what they are not comfortable disclosing. The autobiography certainly does not need to go into sordid details!

**Personal Ad Assignment.** A personal ad is a short description that describes yourself and what you're looking for in a romantic partner. To learn more, you can see what Oprah's website has to say: <http://www.oprah.com/omagazine/How-to-Write-Personal-Ads>. For this assignment, students will write a short personal ad for themselves for their ideal romantic partner. Please identify if you are Male seeking Male, Male seeking Female, Female seeking Female or Female seeking Male. You can Google personal ads if you need to gather some examples to help you write a personal ad. This shouldn't take you a long time to do!

**Experiential Assignment #2** relates to psychological methods. Students will pick a research question and test this question using observation, survey, or interview methods. Students will then write a paper that introduces their research question, discusses the method they chose and how they conducted their study, discusses the findings, and provides thoughts on any limitations and where the study could go in the future. We will discuss these in class. For instance, students could do an observation study on public displays of affection on the ship and/or in a port.

**Experiential Assignment #3** has students finding real-world examples of sexuality throughout their port visits. Students will need to pick a theme (e.g., contraception, religion, public displays of affection, attractiveness, parenting, love, sexual orientation, menstruation). Students will then need to either find real-world examples relating to the theme or in 3-4 ports (ideally one from each larger area: Pacific, East Asian, South East Asia, and Africa). Students will provide the “results”. The results can be photos, audio clips, song lyrics, movies, advertisements, magazine covers or articles, etc. The results could also be findings from an observation study (e.g., frequency of public displays of affection observed in ports or the number of menstruation or contraception products available for sale in the different ports). The results need to be discussed in relation to the theme and theories we learned in class related to the theme. Students may form small groups for this assignment to work together to find multiple examples relating to the theme.

### **METHODS OF EVALUATION / GRADING RUBRIC**

Evaluation will include 3 exams, experiential assignments, and a Field Lab journal and paper. Exams will be comprised of multiple choice, True/False, fill-in-the-blank, and short answer questions. The experiential assignments will also be used in class discussion as a way for students to relate the course concepts to their personal cultural experiences. The experiential assignments and the Field lab paper will be graded based on the degree to which the student’s experiences relate to the concepts we discuss in class. The final grade will be determined by the following weights:

Final grades in this course will be calculated based on the following components:

- 50% Exams
- 20% Experiential Assignments
- 20% Field Lab journal and paper
- 10% Attendance and Participation

***Class Attendance and Participation:*** Class attendance is an important part of the course and part of your final grade. Students are expected to participate in class discussions and class activities. As class participation is important for the success in this class, participation is a part of your final grade. *A student who attends every class but does not actively participate will earn a participation grade of 70%.*

**The professor will keep all the exams; however, she will make them available for students review.**

**ALL** assignments must be submitted electronically on Moodle, and **the \*\*file name\*\* must include the first 5 digits of your ID number** (e.g., 12345journal.doc). All assignment must be posted on Moodle.

### **RESERVE BOOKS AND FILMS FOR THE LIBRARY**

No Books

Possible Films need for class:



He's Just Not That Into You (2009)  
Memoirs of a Geisha (2005)  
Magdalene's Sisters (2002)  
Yesterday (2004)  
Milk (2008)  
Working Girls (1986)  
If these walls could talk (1996)  
A Walk to Beautiful (2007)  
Half the Sky (2012)  
Kinsey (2004)  
The Masters of Sex TV Series (2013-present)  
The Sessions (2012)  
Transamerica (2005)  
This Film is Not Yet Rated (2006)  
Killing Us Softly 4: Advertising's image of women (2010)  
Still Doing It: The Intimate Lives of Women Over 65 (2004).  
Daddy and Papa (2002)  
Brokeback Mountain (2005)  
Philadelphia (1993)  
Hate crime (2005)  
The incredibly true adventure of two girls in love (1995)  
Get real (1998)  
Better than chocolate (1999)  
Both (2005)  
Kissing Jessica Stein (2001)  
Chasing Amy (1997)  
The Birdcage (1996)  
The Celluloid Closet (1995)

#### Foreign Films:

Fauré, C. (Director). (2000). Juste une question d'amour [Just a question of love] [Motion picture]. France: Picture This! ((88 min)  
Lee, A. (Director). (1993). Hsi yen [The wedding banquet] [Motion picture]. Taiwan: MGM (106 min)  
Berliner, A. (Director). (1997). Ma vie en rose [My life in pink] [Motion picture]. France: Haut et Court (88 min)

#### News:

60 Minutes (Producers). (August 27<sup>th</sup>, 2006). Gay or straight? [TV broadcast]. New York: CBS News. (15 min): <http://www.cbsnews.com/stories/2006/03/09/60minutes/main1385230.shtml>  
Wells, P., & Goldson, A. (Directors). (2002). Georgie girl [Television broadcast]. New York: PBS: POV (69 min).

### **ELECTRONIC COURSE MATERIALS**

Any relevant articles will be posted to Moodle. These will be relevant research articles and news articles related to Cognitive Psychology. All Assignments will be posted on Moodle. All assignments will be submitted to Moodle.

### **ADDITIONAL RESOURCES**

None.

### **HONOR CODE**

Semester at Sea students enroll in an academic program administered by the University of Virginia, and thus bind themselves to the University's honor code. The code prohibits all acts of lying, cheating, and stealing. Please consult the Voyager's Handbook for further explanation of what constitutes an honor offense.

Each written assignment for this course must be pledged by the student as follows: "On my honor as a student, I pledge that I have neither given nor received aid on this assignment." The pledge must be signed, or, in the case of an electronic file, signed "[signed]."

Understanding Human Sexuality 13th Edition. by Professor Janet Shibley Hyde (Author), John D Delamater (Contributor). 4.3 out of 5 stars 11 ratings.Â Loose Leaf for UNDERSTANDING HUMAN SEXUALITY \$150.37 Only 4 left in stock (more on the way). Read more Read less. click to open popover. Janet Hyde and John DeLamater. Since its conception, Understanding Human Sexuality has achieved distinction and success by following the science of human sexuality. The first of the modern sexuality textbooks, Understanding Human Sexuality introduced this topic to students through the science that has uncovered what we know about the field. Groundbreaking when it first appeared, this research-based tradition continues to result in a contemporary